

Eccentric Body Installation & Adjustment

Lightly grease bottom bracket shell

Insert ECC into frame. Rotate the hole so it's closest to chainstays, and tighten Pinch-bolts.

Install bottom bracket. Visit our Website for installation instructions



Install cranks.



Depending on model, use a 5mm or 6mm allen wrench to help rotate the ECC body and achieve proper chain-tension. You can also use butt the crank-arm against the allen to help rotate ECC. Tighten pinch bolts (~14lb) and . . .



Have a great ride!!! ☺